# Visión y Compromiso™ 23rd ANNUAL CONFERENCE

# CONFERENCE REPORT



The 23rd Annual Visión y Compromiso Conference, held from September 24-26, 2025, in Anaheim, CA, brought together nearly 1,000 promotoras to celebrate the theme: "Building Resistance, Sowing Hope, and Harvesting Community Power."

and strengthen our service from the heart. Thank you for attending! Let's continue making history and celebrating the promotora movement towards a healthy and dignified life!

An inspiring experience that reaffirmed our collective commitment to social justice and health equity where nearly 1,000 promotoras, promotores, community workers, and allies:

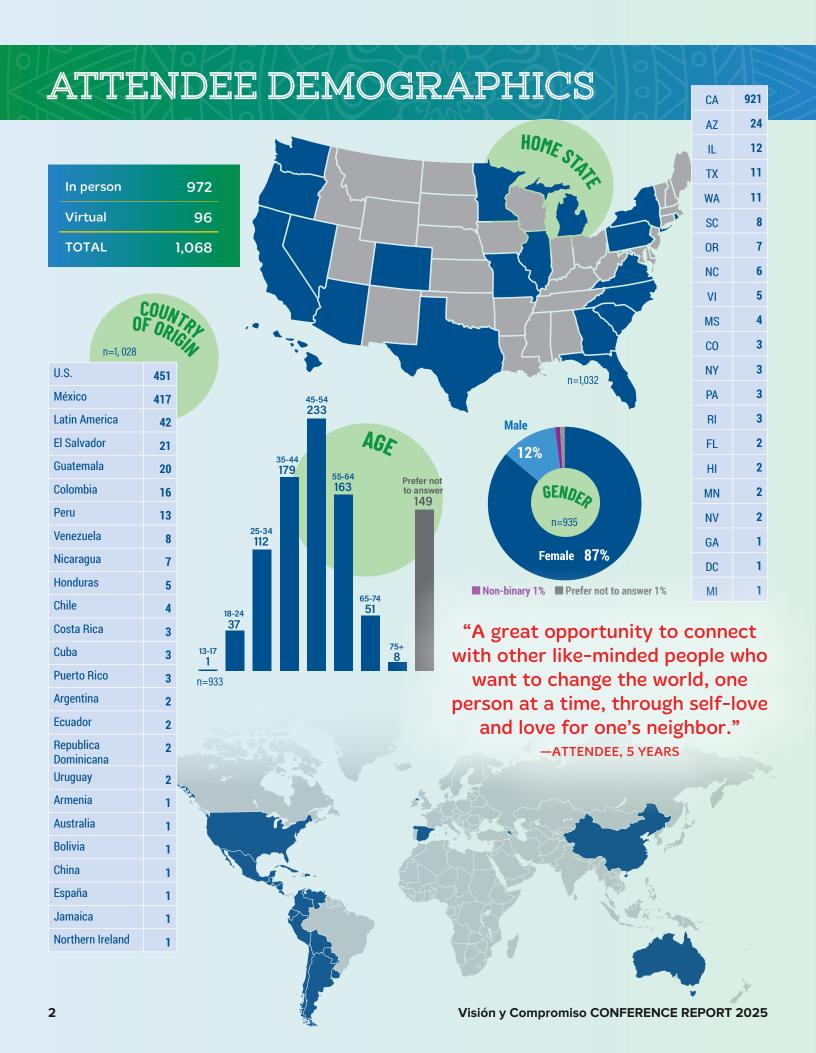
- Attended 39 specialized workshops on community health
- Connected with 44 community resource exhibitors
- Supported 14 local economies through El Mercadito

Each year, we connect heart to heart, renew ourselves, During the conference's plenary sessions, seven social movement leaders shared messages of hope, resilience, and belonging. We embrace their words, that now mark our path forward: this is our country, and promotoras belong here.

> Additionally, we celebrated 25 years as an organization dedicated to sharing, listening, learning, and advocating on behalf of the interests of promotoras. Thank you for your trust, allyship, and solidarity to ensure that every promotora, their families, and communities have a dignified and healthy life! On behalf of the planning committee and every member of our organization, thank you for attending.

"This conference is inspiring and motivating. As a Latina leader in the health sector, I am proud to be part of such a powerful movement."





### THE PROMOTORA MOVEMENT

"Visión y Compromiso is an idea, a concept, and a mission. I see it as a movement that started with simple roots and has now become one of the largest conferences in the country. And in these difficult times, we have to be united. We are going to come out of this stronger. We are here 25 years later."

-VICENTE SARMIENTO, SUPERVISOR, SECOND DISTRICT, ORANGE COUNTY BOARD OF SUPERVISORS



"Promotoras are the wings of health. In this difficult and chaotic time, don't forget that there is hope and we know that change for the good will come. You are the base of health promotion. You are the branches of the tree of life moving forward. With a great responsibility to continue to persevere as women, mothers, workers, leaders, teachers, and healers. You are brave, essential, and great examples of the fight for the future."

-BRENDA SOLORZANO, CEO, THE CALIFORNIA ENDOWMENT



### THE NETWORK OF PROMOTORAS

"We are here for the vision, for the warrior spirit. We decided to say yes to life and to something a little unknown. And here we are, and we are not leaving."

-NORMA BENITEZ, DIRECTOR, THE NETWORK OF PROMOTORAS

"I invite you to join our Visión y Compromiso network because we are trained by people who have an enormous vision of seeing promotoras throughout the US, worthy of respect and values. 85%
of surveyed
participants felt part
of a community that
connects, celebrates,
and contributes to
community well-being.

Because as promotoras, we provide our services with love and from the heart."

—ATTENDEE, 5 YEARS







# MARÍA LUISA LIMÓN AWARD

Recognizing individuals who embody the spirit and values that María Luisa championed throughout her life.

"The award is not for me, it is for all the hearts willing every day to fight for a transformation. For this movement full of love, hope, and perseverance. We are linking up with powers so that this movement becomes stronger and we can continue to transcend. Because we all deserve a healthy and dignified life."

—JOSEFA TORRES Promotora, Orange County Regional Committee



# PROMOTORAS IN POWER

Convened by Visión y Compromiso, La Alianza is a collaboration of community-based organizations (CBOs) across California with a strong history of recruiting, training, and supporting promotoras and community health workers (CHWs). La Alianza works to amplify the voices of promotoras and CHWs through a unified agenda aimed at increasing investments in public health infrastructure and prevention-focused activities to advance equity and improve the health and well-being of immigrant, indigenous, communities of color, and the uninsured.



#### LA ALIANZA ADVISORY COMMITTEE

Comité Cívico del Valle Luis Olmedo IMPERIAL COUNTY

Sierra Community
House
Paul Bancroft
LAKE TAHOE REGION

La Familia Counseling Center Rachel Rios SACRAMENTO REGION

> Somos Mayfair Saul Ramos SAN JOSE & SOUTH BAY AREA

The Latina Center
Miriam Wong
RICHMOND &
EAST BAY AREA

Cultiva la salud Genoveva Islas FRESNO & CENTRAL VALLEY

Centro la familia Margarita Rocha FRESNO & CENTRAL VALLEY MICOP, Mixteco
Indigena Community
Organizing Project
Arcenio Lopez
CENTRAL COAST

Corazón Latino Erica Ruvalcaba-Heredia CENTRAL COAST

East LA Women's Center
Barbara Kappos
LOS ANGELES

Esperanza Community Housing Corp. Nancy Halpern Ibrahim LOS ANGELES Give For a Smile
Adriana Jimenez de
Gallardo
RIVERSIDE COUNTY &
STATEWIDE

Visión y Compromiso Maria Lemus STATEWIDE

Líderes Campesinas Suguet Lopez STATEWIDE



### **WORKSHOPS**

"Inspiring. Surrounded by people passionate about strengthening our communities and sharing information for our collective well-being. From the workshops and the music to the exhibitors and the cultural presence, the experience was truly enriching."

-MARGARITA RAMÍREZ, HEALTH EDUCATOR, PLANNED PARENTHOOD OF ORANGE & SAN BERNARDINO COUNTIES

"Good facilitators who have relatable and inspiring stories that empower."

-ATTENDEE, 1ST TIME

94% of surveyed people were fairly, very or extremely well satisfied with the workshops.

"The energy in the room was incredible. Participants got deeply involved, shared personal stories, even shed some tears, and thanked us for the tools we provided. This experience reminded me of what happens when we lead with the heart. We create space for connection, growth, and hope."

-LOURDES LANDEROS, CHW PROGRAM MANAGER, ALTAMED HEALTH SERVICES



### BAILOTERAPIA & RISOTERAPIA

Bailoterapia is a holistic health program that supports the integral well-being of the community through physical activity, health and nutrition topics, and an environment that promotes the mental, spiritual, and social health of the participants.

"It is very motivating and you recharge your batteries to continue fighting."

-ATTENDEE, 5 YEARS

Risoterapia (Laughter Therapy) is an experiential exercise to release tension, strengthen emotional resilience, and reconnect with laughter as medicine for the soul, creating well-being, reinforcing self-esteem, and building resistance to harvest community power.

"It is an experience of positive education and above all of making connections with other promotoras who are willing to help you."

-ATTENDEE, 5 YEARS







### **PLENARIES**

#### JUEVES, 25 DE SEPTIEMBRE • THURSDAY, SEPTEMBER 25 • 10:15–11:45 AM

Nuestra historia, nuestra fuerza:

El movimiento de promotoras como acto de resistencia

Our History, Our Strength: The Promotora Movement as an Act of Resistance



America Bracho
Directora Ejecutiva - Executive
Director, Latino Health Access



Angelica Salas Directora Ejecutiva • Executive Director, CHIRLA



Emma Torres
Directora Ejecutiva • Executive
Director, Campesinos Sin
Fronteras



**Maria Lemus** Directora Ejecutiva - Executive Director, Visión y Compromiso



Moderator: Melinda Cordero-Barzaga Directora Asociada de Programas - Associate Director of Programs, Visión y Compromiso



"María Lemus recounted her beginnings as a founder and the effort and sacrifice she had to make to be here today. It is a wonderful and inspiring story of resilience. An example to follow."

-ATTENDEE, 2 YEARS

"Excellent and very inspiring. Seeing women born in Mexico who are mothers, daughters, and determined. I felt identified and understood."

-ATTENDEE, 1ST TIME





"We have our own cultural tradition of therapy: the comadre, who is our therapist. We have the tools. As a community, we are medicine for others. A word. An act. A little gift. We must honor and recognize these tools."

-ANGELA GALLEGOS-CASTILLO, DIRECTOR OF COMMUNICATION AND DEVELOPMENT, INSTITUTO FAMILIAR DE LA RAZA

"I grew up in Compton in the '50s with my grandmother. She knew how to honor the different elements of life and give thanks for what we had: home, family, food. Starting each day with that energy, respecting the world, that opens up your world."

> -MAESTRO JERRY TELLO, DIRECTOR OF TRAINING AND CAPACITY DEVELOPMENT, LA RED NACIONAL DE COMPADRES

"If you care about community, healing, and justice—this conference is for you. It's not just an event, it's a movement. A space where promotoras, youth leaders, and grassroots organizers come together to reflect, recharge, and reimagine what's possible."

-ATTENDEE, 10+ YEARS

### EXHIBITORS & EL MERCADITO

"That we educate ourselves in a professional manner, in an environment of union, sisterhood, and family. That warmth of belonging and pride in our roots, and that we feel proud of our work and influence toward change."

-ATTENDEE, 10+ YEARS

90% of surveyed people were fairly, very or extremely well satisfied with the Exhibitor Hall.

87% of surveyed people were fairly, very or extremely well satisfied with the El Mercadito.

"It is a great experience with many great resources and workshops that helps me continue my journey as a promotora."

-ATTENDEE, 5 YEARS









# YOUTH LEADERS

Youth leaders participated in the 23rd Annual Visión y Compromiso Conference in the first ever Youth Track with workshops dedicated to strengthening youth leadership and their personal and professional skills with the aim of promoting self-sufficiency and community transformation. They acquired knowledge about community health and social issues, in addition to obtaining tools to co-create collaborative solutions that involve:

- » Families
- » Schools
- » Health care organizations
- » Local elected officials



"I liked all the youth workshops. It was inspiring to hear young people like me. It was gratifying to hear that we are all in and go through similar situations."

-ATTENDEE, 1ST TIME



### NOCHE DE BIENVENIDA

The Welcome Reception is an inaugural event to reconnect, recognize each other, and celebrate the collective power of those who, day after day, fight for the well-being of their communities.

"We continue to harvest hope in every encounter, in every voice, in every action. Tonight we celebrate our history and look toward the future with the certainty that the best is yet to come."

-HUGO RAMÍREZ, SENIOR PROGRAM DIRECTOR, VISIÓN Y COMPROMISO

"It is a safe and trustworthy event where they pamper us a lot (apapachan). The dinner and dance and the welcome are very nice, and we enjoy them very much."

-ATTENDEE, 10+ YEARS







1998-2000 The Seed & Early Roots

September 24-25, 1998

Promotoras attend
"SIDA/AIDS: The Borderless
Epidemic" conference

Listening, Reflection and Learning

### 2001–2003 Network of Promotoras Formed

Maria Lemus and Esperanza Sanchez
shape the formation of the
Network of Promotoras and Community
Health Workers in California with five
Regional Committees

Network Goals: Training, leadership, meeting other promotoras • Promote the exchange of ideas • Support social change priorities • Inform leaders on the value of the work of promotoras

First Promotora Conference at UC Riverside with 140 attendees.

Visión y Compromiso established as 501c3.

# 2004-today Growing Branches

Regional Committees expansion across California and the U.S.

Towards a healthy and disnified life!

### Recognition of Promotoras and Servicio de Corazón as a Social Force

First Legislative Day in Sacramento
 California establishes "October: Promotoras' Month"
 First statewide program employing promotoras (Covered California)
 Close to 1,000 promotoras, promotores and CHWs attend the national annual conference.

2007-2025

Currículos en Flor Blooming Curricula

#### Latina saludable

Abogacía y liderazgo para promover el bienestar comunitario

Reproductive Justice in the Latino Community

Emotional Wellness/Mental Health

#### Bailoterapia

Cultivando relaciones saludables para prevención de violencia doméstica

> Prevencion de suicidio: Alerta a las señales

1998–2000 La semilla y las primeras raíces

### 24-25 de septiembre del 1998

Las promotoras asisten a la conferencia "SIDA/AIDS: La Epidemia Sin Fronteras"

> Escucha, reflexión y aprendizaje

2001–2003 Se forma la Red de Promotoras

María Lemus y Esperanza Sánchez impulsan la formación de la Red de Promotoras y Trabajadores Comunitarios en California, con cinco Comités Regionales.

Objetivos de la Red: Capacitación, liderazgo y encuentros con otras promotoras. • Promover el intercambio de ideas. • Apoyar las prioridades de cambio social. • Informar a los líderes sobre el valor del trabajo de las promotoras.

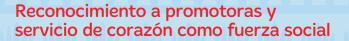
Primera Conferencia de Promotoras en UC Riverside con 140 asistentes.

Visión y Compromiso se establece como una organización 501c3.

2004-hoy Ramas en crecimiento

Expansión de los Comités Regionales a través de California y Estados Unidos.

iHacia una vida disna y sana!



Primar Día Lagislativa en Sacram

2002	Primer Dia Legislativo en Sacramento
2009	La Legislatura de California establece
	"Octubre: Mes de las Promotoras"
2013	Primer programa estatal que emplea promotoras (Covered California)
2024	Cerca de 1,000 promotoras, promotores y trabajadores comunitarios asisten a la conferencia
	anual nacional.

Promotoras Transformando Familias y Comunidades (formerly Latina Saludable)

**Workforce Readiness** 

**Organizational Readiness** 

Instituto de Promotores

Formación para proveedores en cuidado infantil: apoyo a las familias (FFN)

Con Amor y Dignidad para cuidadores familiares

Promotoras Supervision: Cultivating Excellence in Promotora Leadership

CalAIM CHW/Promotora/ Representative Benefit

Conozca sus derechos

# 25 YEARS OF VISIÓN Y COMPROMISO

#### Corazón de Rosas

Por su liderazgo visionario al sentar las bases del movimiento de promotoras. For their visionary leadership in laying the foundation of the promotora movement.



Rosa Martha Zárate Macías



Gloria Flores García



Ruth Manzano



Melinda Cordero-Barzaga



Maria Lemus

#### Corazón de la Naturaleza

Por su liderazgo visionario al sentar las bases del movimiento de promotoras y su continuo apoyo como miembro de la Junta Directiva.

For her visionary leadership in laying the foundation of the promotora movement and her continued support as a Board Member.



Mary Anna Gonzáles

"To learn about the history of Visión y Compromiso, to know the minds that made what is now a project a reality."

-ATTENDEE, 10+ YEARS

"Finding the person at this event who gave me my first presentation on what a CHW is and what they do... and, 11 years later, thanks to her, I have a job that I love."

-ATTENDEE, 5 YEARS

"We had a vision of bringing all the promotoras together, knowing it would be a lot of work: without funds, places, or a salary. But none of that stopped us. We held meetings at home, sharing food. Seeing ourselves as a force of women who do not give up. Giving credit to all those who organized since 1998."

-RUTH MANZANO, PROMOTORA







"In 2000, I heard the word promotoras from María Lemus. I asked her: 'How far do we want to go with this project? We need a vision and commitment to the community. Are you willing?' And we see her here today."

-ROSA MARTHA ZÁRATE MACÍAS, COMMUNITY ORGANIZER, SINGER AND COMPOSER

#### Corazón de la Naturaleza

Con profunda gratitud por compartir sus dones para fortalecer el movimiento de promotoras. With profound gratitude for sharing their gifts to strengthen the promotora movement.



**Debbie Arthur** 



Nancy Marsh



Yvonne Day-Rodríguez



Esperanza Sánchez



### PROMOTORA SCHOLARSHIP FUND

The inaugural scholarship fund to support promotoras, CHWs, and other community leaders facing economic difficulties who wish to attend this important event exceeded all our expectations. Thanks to the incredible donations from the community that believes in service from the heart, more than 100 people received full scholarships to attend the 23rd Annual Conference, covering the conference registration and the dinner celebration.

"The workshops and the dinner dance are very well done.

The theme is very motivating and is integrated very well throughout the conference."

-ATTENDEE, 1ST TIME



"The variety of workshops is excellent. The scholarships were very important in this time of economic problems."

-ATTENDEE, 10+ YEARS

### PROMOTORA SCHOLARSHIP FUND DONORS

Supporting the leadership pathways of promotoras with the knowledge, tools, and networks needed to drive lasting change.

lejandro Espinoza		
Alma Esquivel		
Peter G Phillips		
Angela Gallegos- Castillo, PhD		
Erika Hernandez		
Airiam Hernandez		
Yudeima Hibbs		
Impact Assets		
Laura Jimenez		
Luis Lagos		
Maria Lemus		
Ryan Lindsay		

Yuriria Lopez
Carol. M. Malo
Nancy Marsh
Magdalena Martin
Trini Mena
Fabiola Montiel
Teresa Niño
Lourdes Nuño
Para Los Niños
Ema Perez
Marjorie Plumb
Alejandra Portillo
Elvia Ramirez

.,,,,,,
Gloria Rodriguez
Yali Ruiz
Laura Salgado
Kim Saruwatari
Liza Serna
Betzabel Sevlian
obrato Philanthropies
Peggy Underwood
Rafael Vaquerano
Ana Velazquez

Aleiandra Reves

### SPONSOR HIGHLIGHT



"Our objective is to promote more equitable access to healthcare for all. We support organizations like Visión y Compromiso. The work you all do is extremely important. Especially today with what is happening in this country and in the world. We want to collaborate with you and learn from you. You are earning and have earned the trust of the community and the Latino people."

—SANDRA PIZARRO CARRILLO, SENIOR DIRECTOR, STATE AND LOCAL GOVERNMENT AFFAIRS, GENENTECH

"Thanks to them, patients with blood cancers now receive economic support, help through mental health programs, and guidance. Organizations like us could not have the reach we do if it were not for you all. Thanks



PATROCINADORES PLATINO · PLATINUM SPONSORS

to Visión y Compromiso, which is dedicated to recruiting and preparing promotoras and promotores. Those of us who have a heart for our community know the importance of being able to help our people."

-CHAROH ORTIZ, NATIONAL MANAGER OF HISPANIC OUTREACH, BLOOD CANCER UNITED

"Health Net was proud to sponsor and celebrate 25 years of elevating promotoras as critical leaders in the workforce and community. Nearly 1,000 promotoras gathered from across the nation to share knowledge, build connections, and advance the role of community health workers."

-HEALTHNET

"Over 50 Community Transformation Collective team and community members attended the 23rd Annual Conference, hosted a resource booth to promote and invite participants to



join our community power building and sharing efforts, participated in workshops on health, wellness, and personal development, and celebrated all of the achievements made by the promotora movement. Lastly, we are proud to share that this year we sponsored 10 promotoras, selected by Visión y Compromiso, to participate in this year's event. Looking forward to attending and celebrating next year!"

-COMMUNITY TRANSFORMATION COLLECTIVE, PARA LOS NIÑOS



#### WE ARE GRATEFUL TO PARTNER WITH THE FOLLOWING ORGANIZATIONS

Southwest, the preferred airline for the 23rd Annual Visión y Compromiso Conference; Listen4Good, and the sponsorship of the Blue Shield of California Foundation, for their collaboration in creating a new approach to listening directly to the participants of our annual conference, ensuring that the voices of the community guide and strengthen our work.

### MEDIA REACH

### **PRINT MEDIA**

### 5.5 millon media impressions

#### DIGITAL MARKETING

6,400 ✓ Newsletter subscribers 10,000 in LinkedIn impressions\* 1.550

109,000 f Facebook

impressions\*

9,700 followers

followers

22,150 Instagram

impressions\*

3,000 followers

\*Organic

### **NET PROMOTER SCORE**

82 would recommend the conference to a colleague. Satisfaction and loyalty metric calculated between -100 and 100.



Visión y Compromiso

1,562 fol



Both of them are community Promotoras and said the job doesn't feel like work when it's done from the heart. Promotoras are liaisons between their communities and health and



