

Expanding Women's Access to Health Care in a Post-ACA Era

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California Family Health Council



shaping the future
of sexual + reproductive health.™

California Family Health Council

CFHC champions and promotes quality sexual + reproductive health care **for all.**

- Health Center Partnerships (Title X)
- Research
- Advocacy
- Consumer Awareness + Education
- Provider Training



Coalition Mission + Goals

- Ensure that women's health is prioritized, expanded and protected
- Educate low-income women, women of color and young women about new health care options and where/how to obtain care
- Advance a shared policy agenda

Focus Group Project Goals

- 1) Identify **knowledge**, or lack of knowledge, about new coverage options, and new benefits and protections for women.
- 2) Identify remaining **barriers** to accessing health coverage and health care services.
- 3) Identify **policy and outreach** recommendations for best practices to address gaps in knowledge and barriers in accessing care.
- 4) Have valuable **data** to share with the field.

Focus Group Project Overview


- ❑ Hosts: **11 organizations**, 6 in the Bay Area and 5 in Sacramento County
- ❑ Number of Groups: **13 focus groups**
- ❑ **Four (4) Languages**: English, Russian, Spanish, and Hmong
- ❑ **156 women** in total

Coverage Options



MENOR DE 26 AÑOS

- + **Mantén tu cobertura con el seguro de tus padres**
- + Si tus padres tienen un plan de seguro médico privado, podrás mantenerte bajo su cobertura hasta que cumplas los 26 años
- + **Proteje Tu Información**
Solicita a tu plan de seguro médico que te envíe tu información privada a ti en vez de a tus padres
- + Infórmate más en myhealthmyinfo.org

MEDI-CAL \$0-\$16,242 Ingreso personal anual

- + **Eres elegible para recibir Medi-Cal**
- + Inscríbete en cualquier momento
- + Para ciudadanos, residentes legales permanentes y estudiantes bajo el estatus de acción diferida (DACA)
- + Ex adultos jóvenes de cuidado de crianza temporal bajo la edad de 26 años pueden inscribirse independientemente de sus ingresos
- +  Infórmate más e inscríbete en coveredca.com o llama al (800) 300-1506

COVERED CALIFORNIA \$16,243-\$47,080 Ingreso personal anual

- +  Puedes adquirir un plan de seguro médico a través de Covered California con descuentos
- + Inscríbete durante el periodo anual de inscripción abierta
- + **Inscripción Especial**
Inscríbete en un plazo de 60 días después de:
 - 1) haber perdido tu seguro
 - 2) mudarte desde o hacia otro estado
 - 3) casarte o divorciarte
 - 4) tener un bebé
 - 5) atestiguar que sobreviviste violencia doméstica y / o abandono del cónyuge
- + Para ciudadanos y residentes legales permanentes
- + **¿Ganas más?** Puedes adquirir un plan de seguro médico a través de Covered California aunque sin descuentos
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California Enrollment

4.1 million newly insured

- 2.7 million Medi-Cal
- 1.4 million Covered California
 - 1,222,320 with subsidies
 - 161,762 young adults

ACA: New Women's Health Preventative Services

Preventative services that must be provided without co-pays to patients include:

- Annual Well-Woman Visit
- Contraception + Counseling
- STD Screening + Counseling
- HPV Testing
- Breast Exams
- Domestic/intimate partner violence screening + counseling

ACA: New Women's Health Preventative Services

Preventative services that must be provided without co-pays to patients include:

- Gestational diabetes screening
- Breast feeding support, supplies and counseling
- Newborn care

New Women's Health Protections + Benefits

- Women can't be charged more than men
- Maternity coverage included
- OB/GYN without referrals
- DV/IPV not a pre-existing condition
- Coverage under parents until age 26

Expanding Health Coverage in California



Family Pact

- Medi-Cal Managed Care
- Covered CA
- Coverage Under Parent or Guardian

Expanding Health Coverage in California



**Medi-Cal
Covers**

- Primary Care
- Emergency Care
- Birth Control
- Abortion

Services for Remaining Uninsured + Undocumented

Family Pact

- Paps smears
- Breast Exams
- Birth Control

Every Woman Counts

- Cervical Cancer Screening

Pregnancy-only Medi-Cal

- Prenatal, delivery, post-partum

Access for Infant and Mothers (AIM)

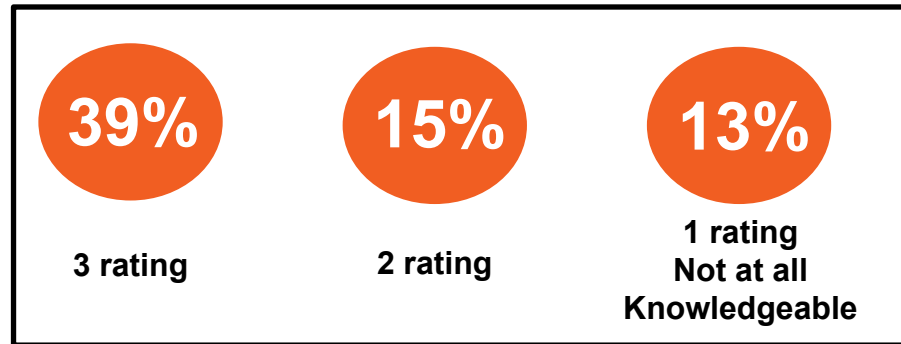
- Prenatal, delivery, post-partum
- Slightly higher income

FOCUS GROUP FINDING: KNOWLEDGE OF HEALTH COVERAGE

Knowledge of Health Insurance Options (4 or 5 rating)

12%
5 rating
Very Knowledgeable

21%
4 rating



Bottom-three box rating:

67%

Understand Benefits (4 or 5 rating)

17%
5 rating
Very Well

23%
4 rating



Bottom-three box rating:

61%

Beyond the ACA: California Policies




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Coverage Options



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California Policy Innovations

- Timely Access to Birth Control Act, 2012 (AB 2348)
- Confidential Health Information Act, 2013 (SB 138)
- Contraceptive Coverage Equity Act, 2014 (SB 1053)

Looking Ahead: Equal Access for All



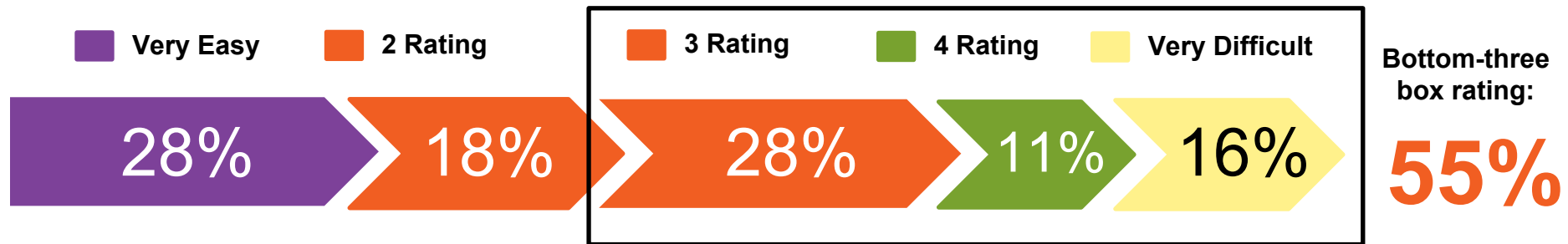
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Access for the Remaining Uninsured

- Protect Family PACT + Title X
- Fill Potential Gaps Left by Federal Cuts
- Ensure Sustainability for the Family Planning Safety-Net
- **Expand Health Care 4 All!**

Ease of Accessing Health Care

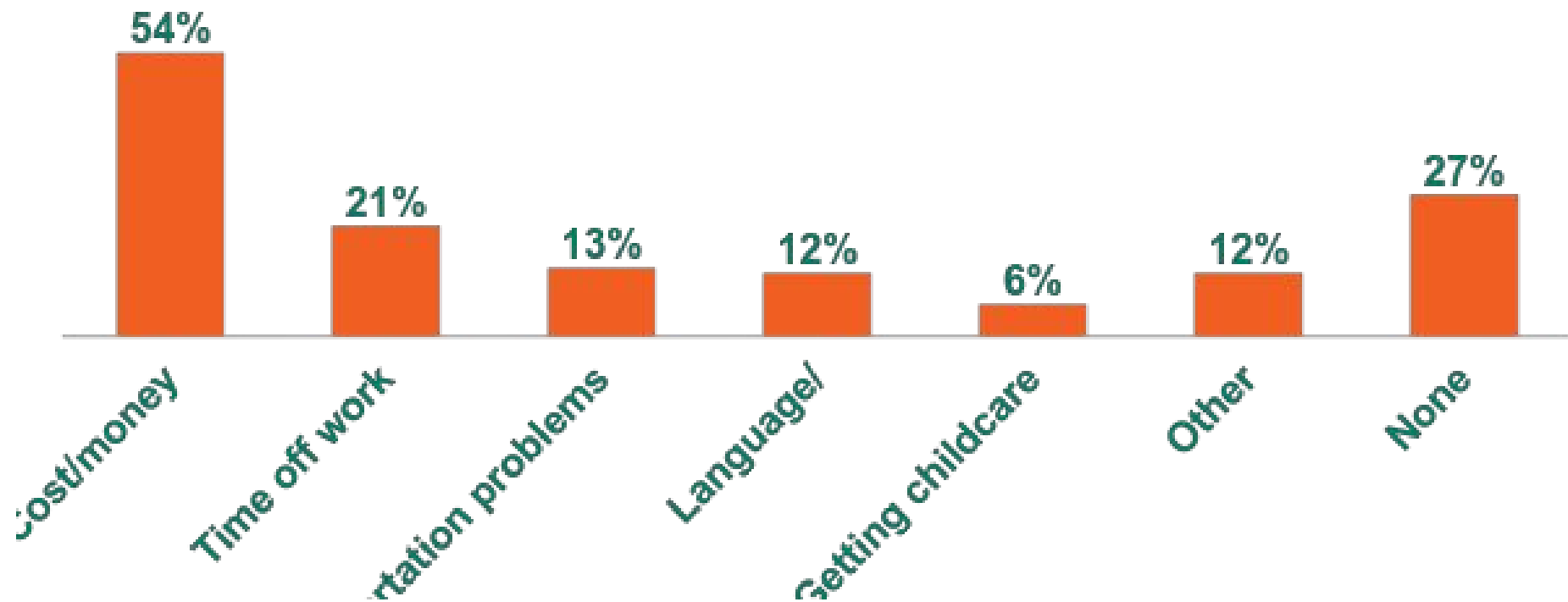
Ease of Receiving Health Care



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EASE OF ACCESSING HEALTH CARE

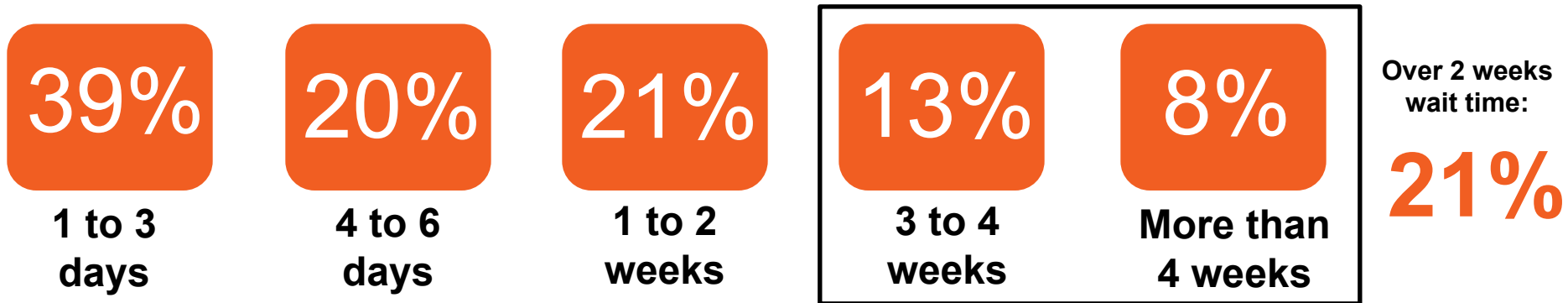
Difficulties of Getting Health Care



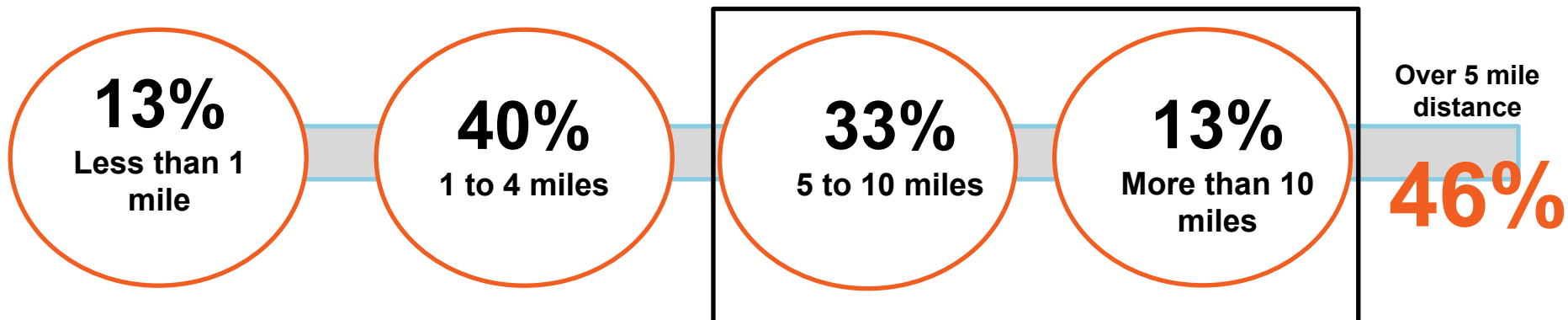
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APPOINTMENT WAIT TIME AND TRAVEL

Wait Time for Appointment



Travel Distance to See Doctor



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Timely Access to Quality Care for Californians with Health Coverage

- Reimbursement
- Network Adequacy -> Direct Access
- Medi-Cal Managed Care
- Workforce

Community Outreach and Education

- Increasing **funding** to focus outreach and enrollment efforts on low-income women of color ages 18-35
- Provide **training** and technical assistance to build capacity to conduct in-depth, culturally competent outreach and education about coverage options and how to use coverage
- Build upon and replicate existing successful **community health worker models** to disseminate information across low-income and communities of color
- Capitalizing on **social media** campaigns to reach low-income communities of color with more in-depth messaging

Thank You – Stay Connected

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